

Regular health checks

Healthy pets have a better resistance to fight off infections as they have a stronger immune system.



Regular health checks

1. Make a note in your diary about when your pet needs a vet check-up. Wellness examinations by your vet are especially important
2. Your pet may need to be checked at least once a year and often more frequently for older pets, so take that into account when making the appointment
3. A pet's requirements alter year on year – don't think that what was great for your pet when they were young is the same as when they are in their older years
4. Keeping a list of your questions when your pet has the wellness check-up will mean you won't forget anything
5. Think carefully about your pet's lifestyle – a healthy way of life is a key factor for fighting off illness
6. A balanced diet is so important your vet or a reputable pet nutritionist can advise you about this
7. A fit and healthy body fights off infections. Make sure that your pet is getting appropriate exercise taking into account factors like age and breed
8. Think about games and exercise that will get you fit as well. Playing games with your pet or going for a nice long walk will get your pulse racing
9. Getting your pet familiar with travelling to their vet will mean that they don't get too anxious when being checked over
10. Your vet can advise you about your pet's health but it is you who looks after your pet 24/7. Work in partnership with your pet's vet